

Family Learning Information Booklet

Holy Trinity Primary School

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Kirkintilloch

Glasgow

G66 2JW



What is Family Learning?

Family Learning allows family members from across all generations the opportunity to come together to share experiences and learn alongside and most importantly, from each other.

Family learning sessions are carefully planned in partnership with families to meet their specific needs. They can be tailored to enable parents and carers to learn how to best support their children's learning. Examples of some Family Learning activities include cookery, science, arts and crafts, gardening, games, outdoor education and many more. The beauty of our programme is that you can talk together with your child and learn about each others likes and dislikes and decide how you would like the focus of your time together to be spent. The possibilities are endless.

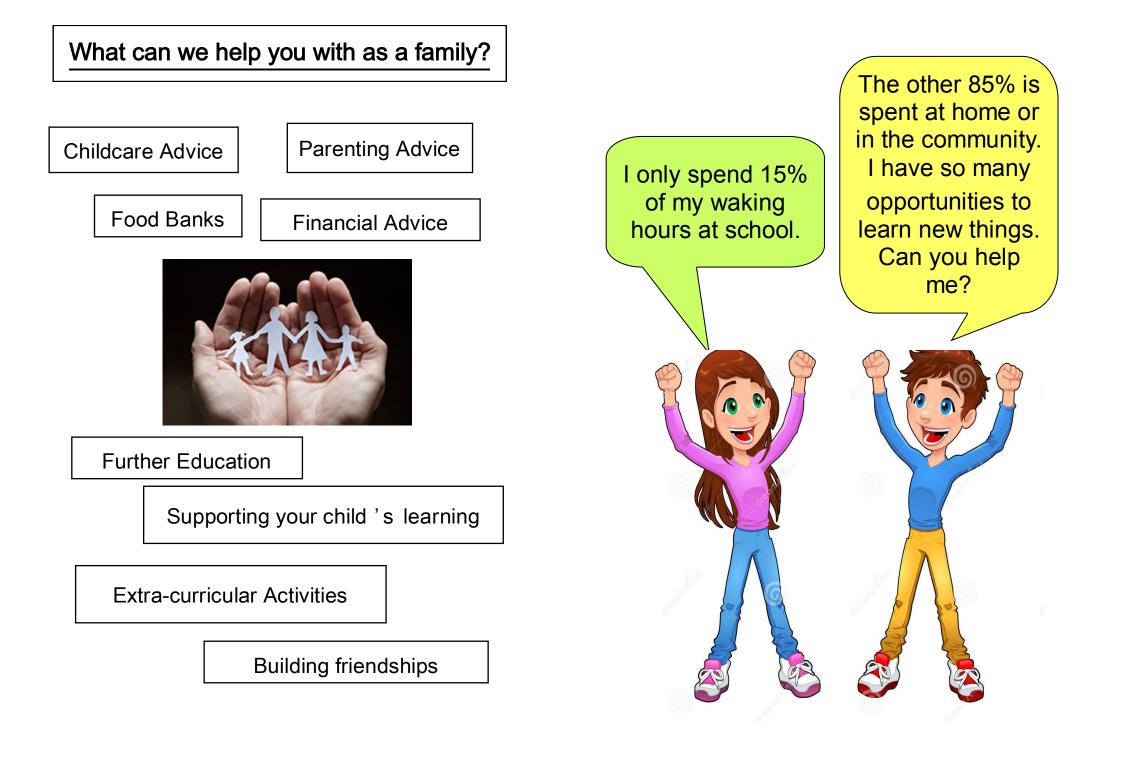
By being involved in our Family learning programme you will be working towards helping your children to have a positive attitude towards life long learning and reduce educational disadvantages that some of our children experience due to various factors.

It gives parents and carers the opportunity to talk to someone about any worries they may have and promotes a positive relationship with your child's school

By working together we can give our children the roots to grow and the wings to fly.

Useful Contacts

CEDAR	0141 955 3040	Support for children, young people and mothers who have experienced domestic abuse
Citizens Advice Bureau	0141 775 3220	Free confidential advice to assist with money, legal, consumer and other problems
East Dunbartonshire's Woman's Aid	0141 776 0864	Support for Domestic abuse and forced marriages
Project 101	0141 777 3220	Support for people aged 14—25 who are experiencing housing or homelessness issues
Smoking Cessation	0141 355 2327	Help and advice to help with giving up smoking
Supporting Families Team	0300 123 4510	Parenting Support
Foodbank	07425 134 131	
Adult Literacy Team	0300 123 4510	
East Dunbartonshire Voluntary Association	0141 578 6680	Opportunities to volunteer with local organisations and gain work experience



Why is Family Learning Important?

Adults	Child
It can help you to build a better relationship with your child	It allows you to share your learning with a family member
It can help to increase your confidence in your ability to be a parent	You have the opportunity to take part in fun games
Provides a support network	If you have any worries you can talk to someone
It allows you to meet new people	You can make new friends
It allows you the opportunity to share any concerns	You feel happy and supported by your family
It can encourage parents to enter into further education themselves	It allows you to take part in things that you normally wouldn't get the chance to
You are contributing to creating the community spirit within the school	You can learn new skills with a family member

You are not alone!

Most people will experience some type of barrier when it comes to committing to our sessions but we can help you.





Transport

Common barriers

Lack of confidence

Work commitments

Negative past experiences of